



One PGT Way
Monaca, PA 15061-0400

724-728-3500
www.pgtrucking.com

West Nile Virus Update

The West Nile Virus has been in the news lately. PGT Trucking is supplying the following information to all of our drivers and employees for precautionary reasons. Please read this memo and be careful.

West Nile Virus is most often spread by the bite of an infected mosquito. It can lead to West Nile fever or severe West Nile disease. As of Aug. 28, 2012, WNV infections have been reported in 48 states, with a total of 1,590 cases in people, and 66 deaths, according to the Centers for Disease Control and Prevention.

This year's spike is attributed to last year's mild winter. Those warmer temperatures allowed for the mosquitoes to survive and continue populating into the spring.

WNV can continue spreading into the fall, according to the CDC. The best thing you can do is protect yourself.

Most of the cases are coming from six states — Texas, South Dakota, Mississippi, Oklahoma, Louisiana and Michigan. The top recommendation from medical experts is to consistently use mosquito repellent containing DEET.

What is West Nile Virus (WNV)?

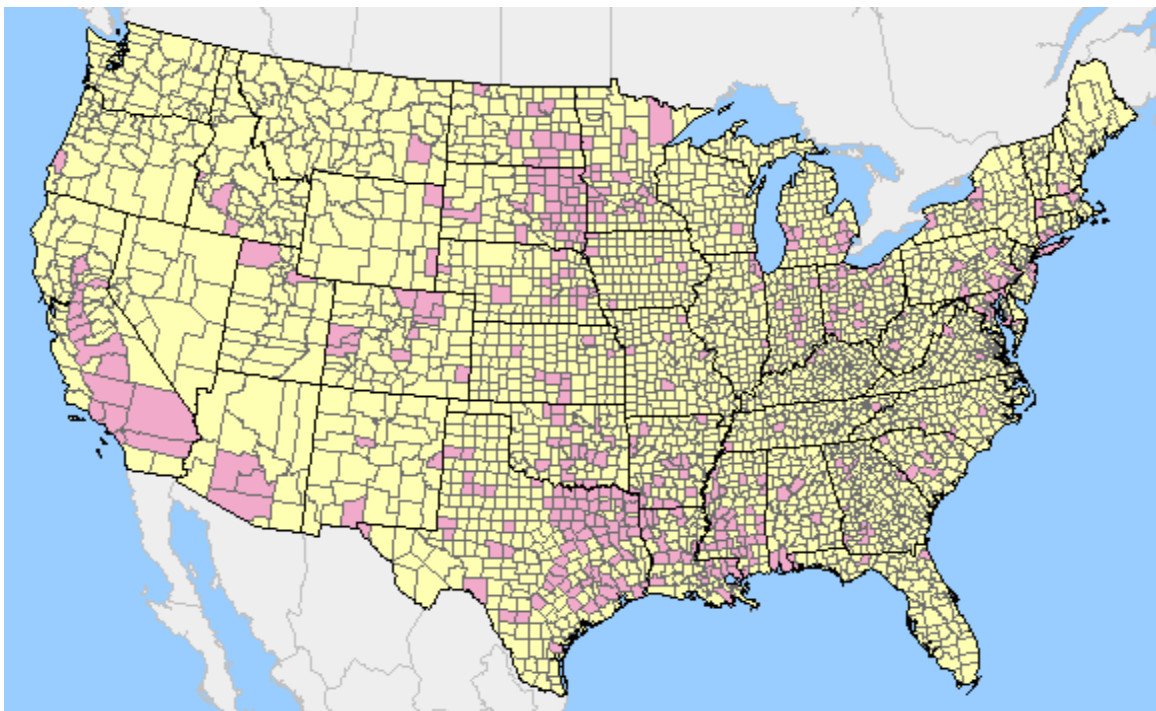
During most of the 20th Century, WNV was usually found in Africa, West Asia, and the Middle East. However in the summer of 1999, WNV was detected in New York City and over the next four years it spread throughout North America. Since 2004, a continent-wide WNV epidemic flares up in the summer and continues into the fall as infected mosquitoes spread the virus from birds to horses, humans and other animals.

What are the Symptoms of WNV?

- Only one in 150 people infected with WNV will develop severe illness. Associated symptoms can include blindness, disorientation, coma, convulsions, headache, high fever, muscle weakness, neck stiffness, numbness, paralysis, stupor, and tremors. These symptoms may last for several weeks, and the neurological effects may be permanent.
- Up to 20% of WNV infected people will have symptoms such as fever, head and body aches, nausea, vomiting, and sometimes swollen lymph glands or skin rash on the chest, stomach and back. Symptoms can last from a few days to several weeks.
- Approximately 80% of people who are infected with WNV will not show any symptoms.

Steps to Protect Your Family and You

- Close windows and doors and turn off air conditioners before the spraying period begins, and remain inside during spraying.
- Always wash fresh produce before food preparation or eating. However, you may wish to pick any ripe homegrown fruits and vegetables before the scheduled spraying begins.
- Bring pets, food and water dishes indoors, and cover ornamental fish ponds.
- You may reopen windows and doors, and turn on air conditioners 30 minutes after the spraying period ends.
- If you experience any adverse health effects, you should immediately consult with your health care provider.



Above is a map dated August 28, 2012 that shows every county in the U.S. that has cases of WNV. Again, most of the cases of WNV have been reported in Texas, Mississippi, Louisiana and South Dakota.